

MESSAGE FROM THE DEPARTMENT CHAIR

I am writing this message as my favorite season (Autumn) unfolds before my eyes.

The beauty of the season is tempered however, by the recent expressions of vile hate speech on our campus as well as still more mass shootings that people seem to accept as just another facet of living (and dying) in America. I accept neither expressions of hate nor gun violence as unchangeable facts of life. While I prefer to keep messages like these short and upbeat, as a person playing a role in university leadership the only message I can offer now is this. I and the CASAL faculty and staff are ferociously dedicated to making the university experience as safe and supportive as we can in our various roles for students, their families and all stakeholders in CSU's success. Unfortunately, the world has never been a safe place, but, each of us acts to make it safer for people to explore who they are and their place in the world. If we who have the privilege of working in a university; one of the finest creations of the human mind; cannot do this, who can? A university is not just an institution of higher learning; it is also the people who make up the institution. CASAL faculty and staff are extremely diverse in not just our genomes and our disciplines, but in our political views, our taste in music, and which "sports-ball" teams we follow. However, we are all unified in our commitment to act in ways that make being at CSU as safe as we can for our students. - [Continued on page 2](#)



MESSAGE FROM THE DEPARTMENT CHAIR—continued

In addition to providing counseling services for people seeking to talk about how recent events have affected them, we aim to help the larger university community move closer to dialogue on critical issues. We also want to educate people how to discern those exercising “free speech” from manipulative provocateurs. I also want to emphasize that as a group, the CASAL faculty and staff work very hard to cultivate a culture of support, acceptance, and encouragement for all students. In my view, our joint commitment to that culture trumps any legal definition of free speech. I know any first year legal student would contest that affirmation but my point is that there are times, when moral imperatives trump laws. We appear to be living in one of those times.

REVIEW WORKSHOPS for the National Clinical Mental Health Counseling Examination & National Counselor Exam

The counseling program will be running two review workshops.

National Clinical Mental Health Counseling Examination (NCMHCE)

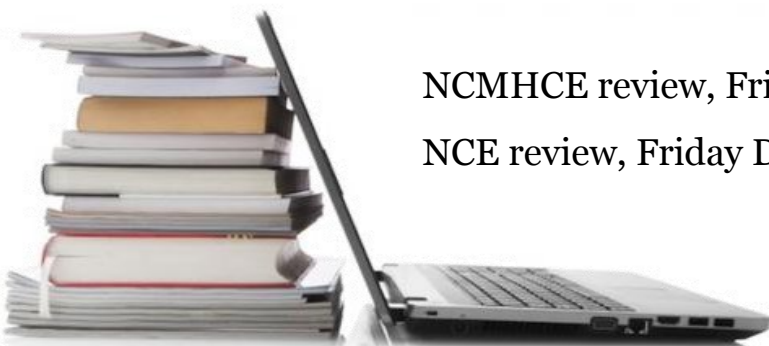
Friday November 3rd 8:45am - 4pm, Julka Hall 191.

The National Counselor Exam (NCE)

Friday December 1st 8:45am - 4pm, Julka Hall 191.

You can find more information on our Continuing Education page at:

<http://www.csuohio.edu/cehs/casal/continuing-education-and-professional-development>



NCMHCE review, Friday November 3rd 8:45am - 4pm

NCE review, Friday December 1st 8:45am - 4pm



Drs. Drcar and Ingersoll joined CSU Counselor Education students and friends to participate in the 'Celebrating Recovery 5k Run and 1 Mile Walk', September 24th at Edgewater Park.



The event raised awareness of the strength of Ohio's addiction recovery community and the people and organizations that work to support those in recovery. Some participants walked, some ran, and other cheered everyone on! Money raised went to support local organizations that seek to improve the lives of those in recovery.



Why join CSI? <http://www.csi-net.org>

National membership allows you to access CEU's on various topics, connects you to a huge network of members, along with many other benefits. Membership in CSI tells employers that you excel in education and are committed to the betterment of the counseling profession. Membership in the local chapter (Chi Sigma Upsilon) connects your with peers outside of the classroom, creating support, fostering professional development and enriching your graduate school experience.

We are committed to providing a safe, supportive atmosphere for students to become engaged in the program and with peers.

Congratulations

To our Adult Learning and Development Department

It is with great pleasure that we are able to share that the Commission of Professors of Adult Education (CPAE) Awards Committee has selected the Master of Education in Health Professions Education (**MEHPE**) Program as the recipient of the 2017 CPAE Curriculum Innovation Award.

This award recognizes innovative approaches to the preparation of adult educators. Despite the exemplary competition, the **MEHPE** Program in the College of Education and Human Resources here at Cleveland State University, distinguished itself with a comprehensive and innovative program for training adult educators in the medical and health professions.

The award ceremony will be in Memphis, Tennessee on Thursday, November 2nd.

We would like to note that this is, in fact, the **second** time that our ALD program has won this prestigious award. In 2007, the Adult Learning and Development Master of Education received the honor.

Congratulations to all in the program on these significant achievements!

Congratulations also to Dr. Mark Polatajko, who earned his Ph.D. in Urban Education in the ALD/ Leadership & Life-long Learning specialization, and was recently designated a **CSU Distinguished Alumni**.

Cleveland State University's Distinguished Alumni Awards program celebrated its 27th anniversary on Friday, Oct. 6 by honoring 12 outstanding graduates for their service, leadership and career achievements.

Mark Polatajko is senior vice president for finance and administration at Kent State University. Previously, he served as vice president for business and fiscal affairs and treasurer at Wright State University, vice president of the administration and finance division of Cuyahoga Community College, and deputy director of finance for the Ohio Lottery Commission. He earned a Ph.D. in urban education in 2011 from CSU and lives in Hinckley Township.

<http://www.csuohio.edu/news/distinguished-alumni-awards-celebrate-27-years>

Update From CASC

CASC: An engaged learning experience supporting academic success for CSU students

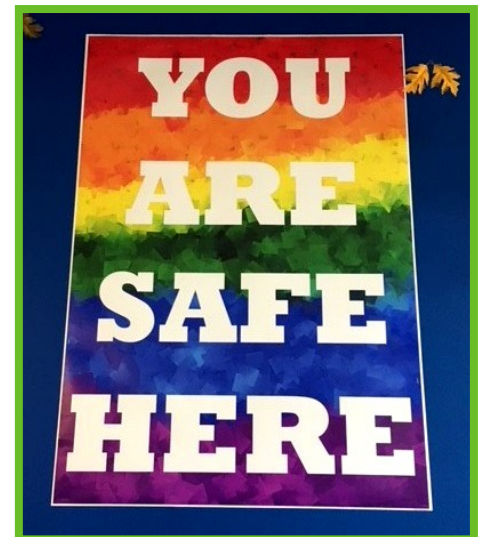
The **Counseling and Academic Success Clinic**, also known as CASC, is CSU's clinical mental health counselor training facility located in the Main Classroom offering free and confidential counseling services to Cleveland State University students. Since opening in 2014, CASC has continued to grow and is currently training 40 graduate clinical mental health counseling interns and 2 counseling psychology doctoral interns. CASC has expanded its staff by 50% to accommodate the increasing demand for counseling to CSU students with much support from CASAL Department Chair Dr. Elliott Ingersoll and Dean Zachariah of the College of Education and Health & Human Services.

In the first few weeks of Fall 2017, CASC has provided almost 200 counseling sessions. These sessions assist CSU students presenting with a variety of concerns including, yet not limited to, academic distress, depression, anxiety, gender identity concerns, and in some cases, significant psychological distress.

CASC continues its success with a convenient location in the Main Classroom (215D), where CSU students have immediate access to support as needed. Students often walk by and curious about the office, take a moment to stop in and learn from the CASC staff about the services offered. CASC continues to be an invaluable resource to students as the frequency and severity of presenting issues continue to grow. CASC has an open-door policy in which all students are welcomed, assessed and provided additional campus or community referrals as needed.

CASC looks to the future with enthusiasm continuing as a clinical training facility of excellence while serving the ever-growing scope and volume of mental health needs to our CSU community.

A win-win for all.



CASAL Coming & Goings

We would like to welcome our Graduate assistants to the CASAL department

Allison Griesmer, working with Dr. Hogge

Allison Vandrak, working with Dr. Ingersoll

Amanda Plattenberger, working with Dr. Hansman

Brock Bodenbender, working with Dr. Ingersoll

Dean Malec, working with Claire Campbell at CASC

Erica Whiteman, working with Claire Campbell at CASC

Hannah Princic, working with Drs. Ingersoll & MacCluskie

Meghan Murray, working with Dr. Hampton

Melanie O'Neil, working with Dr. Morin in CEL

Sherry Biskup, working with Claire Campbell at CASC

Stacey Sinwald, working with Dr. Wlodarsky

Taylor Spademan, working with Dr. King-White

Tiffany Roenigk, working with Dr. Drcar

Yiannoula Sarris, working with Claire Campbell at CASC



In July we said goodbye to **Dr. Ralph Mawdsley** who retired from CASAL. Although we were saddened at the departure of someone who was truly a gentleman, a scholar, a fine friend and colleague, we were somewhat heartened from our discussions with Ralph and his wife Alice that the decision takes them into a new dimension of their long married life together.

We wish Ralph the best after a stunningly distinguished and prolific career.

GET TO KNOW OUR STUDENT WORKERS

Hello everyone! My name is **Sadé Vega** and I am a sophomore nursing student here at Cleveland State University.

This is my second year at CSU and I am studying to get my Bachelor's Degree in Nursing (BSN). I graduated from Lakewood High School in 2013 and earned my Associate's Degree of Arts at Cuyahoga Community College two years after in 2015.

I am always very involved in school academically, joining different clubs at CSU and also enjoy volunteering within the community.

I am currently an active member of the Student Nurse Association, Urban Health Fellows, and a member of MetroHealth's volunteer program in the BREAST center.



**Fun fact; I love animals, cheetah print, shoes, and food!
Especially mozzarella sticks. I hope we all have a wonderful year!**



Zac Wilpula.

I am a sophomore at Cleveland State University. I am in the College of Business studying Finance. I will graduate in the year 2020. I plan on being a Financial Analyst. In my free time I like to weight lift, run, bike and swim. During the summer I go to the different Metropark golf courses and enjoy an evening of golfing. Also, I run various 5k's and I will attempt my first triathlon with my Dad this summer.





In the Spotlight

Dr. Dakota King-White



Dr. King-White has been actively engaged in research and conducting professional development trainings pertaining to developing mental health models in urban schools to support academic achievement.

Since August, Dr. King-White has conducted seven professional development trainings in school districts and in the community preparing teachers, administrators, and support staff to implement trauma informed practices to ensure that students are ready to learn by understanding trauma. As a 2017-2018 National Educational Policy Fellow she is currently researching national educational policies within K-12 education that support developing mental health models in urban schools to improve academic achievement.

**NEW CNS
COURSE**

Prof. Stacey Diane A. Litam M.A., LPC, NCC

CNS 632: HUMAN SEXUALITY IN COUNSELING

3 CREDIT HOURS – FALL, 2017

This course is designed for students in counseling graduate programs and other related disciplines to provide a social justice oriented examination of the psychological, physiological, and sociocultural dimensions of sexuality for counselors and other helping professionals. Additionally, this course encourages the understanding and reflection of one's own personal values and attitudes toward sexuality within the context of a helping relationship with clients from diverse backgrounds.

**CASAL Department
Cleveland State University
College of Education and Human Services
Julka Hall 275
2485 Euclid Avenue
Cleveland, Ohio 44115-2214
Website: <https://www.csuohio.edu/cehs/casal>
Phone: 216-687-4613
Email: casal@csuohio.edu | r.ingersoll@csuohio.edu**