

CASAL NEWSLETTER

Spring 2017

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MESSAGE FROM THE DEPARTMENT CHAIR

Well, here we are again, beginning the oxymoron of spring semester which takes place mostly in Winter. This year however, winter seems to be broken; it comes in fits and starts only to yield to 70 degree days which barge bewildered into February like a Yeti who tripped through a worm hole into Tahiti. Perhaps winter has become a lover who cannot commit. On the other hand, it could be that winter is a more expensive season and the meteorological deities had their budget reduced by 10% (“Heat-miser” take-over?) Anyway, no one I know is complaining except a guy at my gym who plows driveways for extra money.

Speaking of extra money, the CASAL department and the COEHS division of Continuing Education are proud to announce that we will have 17-20 \$1500 scholarships for summer classes. Our staff Daphyne Durda, Sarah Osburn, myself and our Continuing Education Director Noelle Muscatello figured out a way to use Continuing Ed. profits to fund student scholarships. We have had full support from the Dean and the Provost and will start this summer. We are calling them “BOGO” scholarships (“buy one get one”) and you can find details about how to apply later in this newsletter.

On another front, the faculty in the CASAL department succeeded in completing 3 searches this past fall semester. In all 3 searches, our top candidates accepted the positions. Joining us in the Counseling Psychology specialization of our Ph.D. program is Ingrid Hogge. She is finishing her Ph.D. at Southern Illinois University. Joining us in the Counselor Education program is Dr. Stephanie Dracar whose doctorate is from The University of Akron and who many of you may remember as a Visiting Professor in CASAL 2014-2016. Dr. Dracar is coming from a faculty position at Notre Dame College. Finally, Dr. Rachel Wlodarsky, who is a visiting professor in our Adult Learning program, will begin next fall as an Assistant Professor. Dr. Wlodarsky has many years of experience as a professor and scholar in Adult Learning and Higher Education.

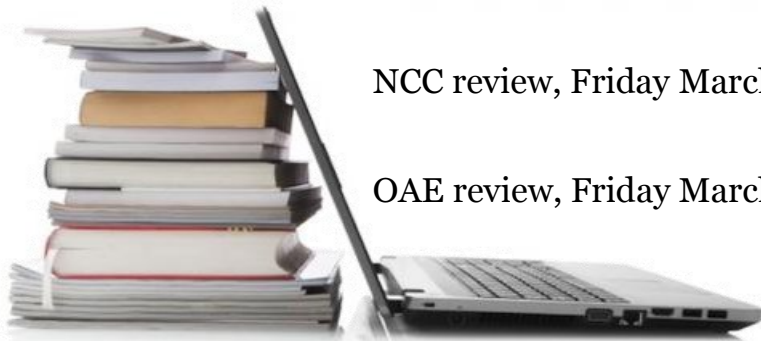
I cannot speak highly enough of the intensive work all the CASAL faculty put into these successful searches. We are excited to welcome these fine professionals at the start of the next academic year. This concludes the message from the chair - **Welcome to spring semester!**

Announcements

REVIEW WORKSHOPS for the National Counselor Exam & the Ohio Assessment for Educators (School Counseling) Exam

The counseling program will be running the first review workshops for the National Counselor Exam and the Ohio Assessment for Educators (School Counseling) Exam. The NCC review is Friday March 24th 8-5pm. The OAE review is Friday March 10th 8-5pm. You can find information on these at our Continuing Education page at:

<http://www.campusce.net/csucasal/category/category.aspx?C=47&S=176&sc=47>



NCC review, Friday March 24th 8-5pm.

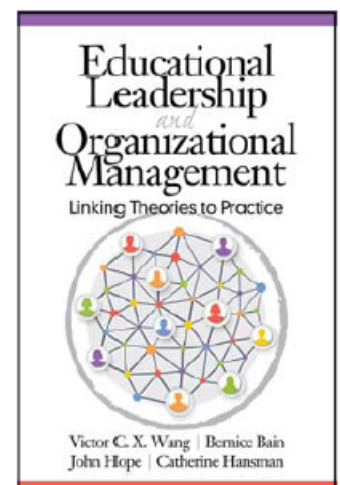
OAE review, Friday March 10th 8-5pm.

We will be offering these workshops every year in the fall and spring semesters to assist our students in preparing for the exams.

New Book - co-authored by Dr. Hansman

Educational Leadership and Organizational Management: Linking Theories to Practice

In educational institutions at all levels and in various kinds of for-profit and non-profit organizations in our society, gaps exist between leadership/management theories and practices. Educational Leadership and Organizational Management: Linking Theories to Practice, a recently published book co-authored by **CASAL Adult Learning and Development Professor Dr. Catherine Hansman** (with Victor Wang, Bernice Bain, and John Hope), intends to illustrate these gaps so that educational institutions and organizations may remain competitive in the global economies of today and the future. Theory-to-practice gaps may be compounded by leaders' or managers' lack of technical skills, social and emotional awareness, or leadership ethical principles. The goal of the text is to assist current and future educators, managers, and leaders to become reflective and ethical policy makers who will shape current and future educational institutions and organizations www.infoagepub.com



Fulfill your professional CE requirements at CSU!

CASAL CE and Shaarey Tikvah present:

“Face to Face with a Holocaust Survivor: Caring for Holocaust Survivors and Their Children with Sensitivity”

Shaarey Tikvah’s award-winning Holocaust education fieldtrip program, Face to Face, has been presented to over 40,000 Greater Cleveland middle and high school students since 1994. The program has recently been developed to offer counseling, social work, and psychology CE contact hours through the CSU CASAL department. Face to Face provides contextual information about the Holocaust and Judaism and the rare opportunity to come face-to-face with a Holocaust survivor and hear their personal testimony.

Wednesday, April 26, 2017 - 8:30 am - 12:30 pm

Fee: \$79 (with CEUs) - \$12 (without CEUs) - Includes Lunch

Provides 2 hours of approved CE (Cultural Competency) credit for counselors, psychologists, and social workers.

For full program information and registration please visit:

www.csuohio.edu/cehs/casal/face-face-with-holocaust-survivor

or contact Noelle Muscatello at 216/687-3867

**We are offering our CSU
Alumni a 10% discount**

Enter code ALUM10 at
checkout



The perfect enhancement to your ALD certificate or master’s program!

The spring 2017 Training and Development Certificate Program (TDCP) begins March 31. Our program takes you through a quick overview of adult learning principles, teaches you how to plan and design effective training, and shows you how to evaluate your programs to continually improve them. You’ll walk away with powerful tools to use immediately in your own training.

Earn your **Training and Development Certificate** in seven days of classes at our CSU West Center. Four required core classes and your choice of electives/total 49 contact hours

For full program information and registration please visit:

www.csuohio.edu/cehs/casal/training-and-development-programs

or contact Noelle Muscatello at 216/687-3867

Register in the Alumni discount section to receive 10% off

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Fulfill your professional CE requirements at CSU!

Take your training to the next level with our Accelerated Learning Program

Designed as a 'follow up' to the Training and Development program, but beneficial to anyone who trains adults. Instantly apply the AL principles to make your presentations more powerful and memorable! Our presenters engage all your senses and immerse you in the Accelerated Learning experience while you explore this dynamic approach to learning.

Register in the Alumni discount section to receive 10% off

For full program information and registration please call Noelle Muscatello at 216/687-3867
Or visit: www.csuohio.edu/cehs/casal/accelerated-learning-certificate

Come Back to CSU for Your Counseling and Mental Health Continuing Education

We are offering our CSU Alumni a 10% discount on any 2017 Counseling and Mental Health Continuing Education program.

Enter code ALUM10 at checkout to receive 10% off

We offer a wide variety of approved continuing education programs for counselors, psychologists, and social workers including ethics, supervision, and cultural competency. Our 3, 4, and 6 hour programs are offered at both the Main Campus and West Center on weekdays and Saturdays.

Here are what some of the over 720 mental health professionals who attended our programs in 2016 had to say:

- ◆ I was very pleased with the workshop, the lunch was stellar and the facility was very comfortable.
- ◆ Great workshop! Kept me engaged the entire day with added knowledge to implement with my clients.
- ◆ Excellent presentation- engaging and informative. So much I thought I knew but realized I didn't.
- ◆ Very impactful seminar. Exceeded my expectations.

For full program information and registration please visit:
www.csuohio.edu/cehs/casal/counselingce
or contact Noelle Muscatello at 216/687-3867





In the
Spotlight

CASAL Admin Coordinator - DAPHYNE DURDA



CASAL is extremely fortunate to have Daphyne Durda as our Administrative Coordinator. She has been with CSU for 18 years, starting as a temp in the Urban Center as an assistant budget manager. Her contributions to Jewish Family Services resulted in a publication for research she was involved with.

Through re-organization Daphyne ended up in the College of Education working with Dr. Aquila on his CMSD research. She later worked at the West Center for 10 years prior to coming to CASAL. Daphyne "loves working with people because there is never a dull moment - when you think you've seen or heard it all ... something else comes along!" She is especially grateful about the opportunity to meet new students every year and assist them through to graduation. She says with heartfelt emotion, "they are like my own kids and I'm both happy and sad when they leave." Students can come to Daphyne for any reason. She will cry with you when you are sad and jump up and down when you are happy. Her advice to students seeking a GA position - apply early in April because there are only a few open positions each year.

Daphyne's secret talents and hobbies including swimming and reading. Oh, and did you know that she loves, we mean, really loves, cats! Well, all animals really, but she especially likes cats because you have to earn their trust and love. Take it from us, you can trust Daphyne, and you will love her when you meet her!



Faculty Research 2015 - 2016

- ◆ Wong, C.C.Y., Mak, W.W.S., & **Liao**, K.Y.-H. (2017). Self-Compassion: A potential buffer against affiliate stigma experienced by parents of children with autism spectrum disorders, Mindfulness.
- ◆ **Liao**, K. Y.-H., Yeung, N., Wong, C., & Warmoth, K, & Qian, L. (2016). Fear of cancer recurrence and physical well-being among Chinese cancer survivors: The role of conscientiousness, positive reappraisal and hopelessness. Supportive Care in Cancer.
- ◆ **Liao**, K. Y.-H., Henceroth, M., Lu, Q. & LeRoy, A. (2016) Cultural differences in pain experience among four ethnic groups: A qualitative pilot study. Journal of Behavioral Health, 5, 75-81.



STUDENT SUCCESSES

Stacey Litam - Doctoral Candidate CNS

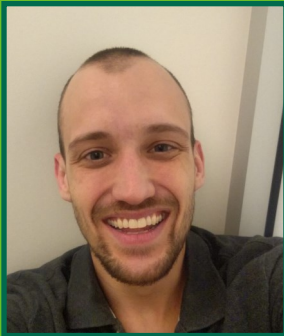


We are excited to announce that Stacey has been elected the American Counseling Association (ACA) Governing Council Student Representative! ACA Governing Council manages policy and oversees the organization.

“I look forward to advocating for the voices of master and doctoral students in our profession to address issues of diversity, culture, and social justice.”

Congratulations Stacey!

Brock O Bodenbender



“I presented at the 50th annual conference of the **Association for Behavioral Cognitive Therapy**, October 27th - 30th in New York City . My presentation was titled *The Effects of Cardiac Balance and Personality Characteristics on the Prevalence of Lifetime Cannabis Use in Young Women*. This research was a collaboration between the

Mood and Emotion Regulation Lab at Cleveland State University and

the University of Pittsburgh Medical School. The study examined the influence of nervous system functioning on impulsivity and emotion regulation, and those indices impact on lifetime cannabis use in young women.”

Brock is graduating Spring of 2018 from the Clinical Mental Health Program

Lauren Rogers



I graduated from CSU’s ALD program in May 2016.

I work as an Instructional Technologist at Case Western Reserve University in Cleveland, Ohio. In this role, I manage systems for online learning, create training and instruction for faculty and staff about these systems, and provide one-on-one support and consultation for instructors building online content. The work I do impacts both instructors and students. Upon graduation, I was determined to go into student affairs because I was interested in shaping the student experience. As an Instructional Technologist, I still have the oppor-

tunity to do this by offering innovative learning solutions to instructors, who then deliver educational content in new, active, and interesting ways. The coursework I did as an ALD student has been invaluable to me. While technology is important to the work I do, learning theory is at the core of every consultation, suggestion, and training I have been a part of.

I am incredibly proud to be an alumna of the ALD program.



**Are you a healthcare professional with teaching responsibilities?
Do you want to further refine your teaching skills and strengths?**

If so, learn more about our new **Master of Education in Health Professions Education** degree, a collaboration between Cleveland State University and the Cleveland Clinic. This master's degree program — the only one like it in the region — is designed to help you enhance your skills in:

- Adult learning
- Curriculum design and instruction
- Learner assessment
- Program evaluation
- Educational scholarship

Dr. Catherine Hansman
(216) 523-7134
c.hansman@csuohio.edu

Program Highlights: Two-year cohort begins fall 2017

- Blend of online and in-person classes held on the Cleveland Clinic main campus
- Six-semester, 30-credit hour program
- Class size limited to 20

Get details about the program and how to apply at:

<http://www.csuohio.edu/cehs/casal/master-education-in-health-professions-education-mehpe>



Dr. Ali Mehdi - Current MEHPE cohort member



My name is Ali Mehdi and I am an academic hospitalist and assistant professor of medicine at the Cleveland Clinic. I have a passion for medical education as I serve as a PBL facilitator for our College of Medicine and the director of clinical reasoning for the internal medicine residency program.

I learned about the Masters in Education in Health Professions Education (MEHPE) through my mentor. It was a dream come true! I always wanted to pursue an education degree and this program was a golden opportunity to acquire the language and skillset needed to nurture the educator in me... and I certainly was not disappointed.

Through the MEHPE program I started the clinical reasoning program, an intervention that utilizes metacognition to improve clinical reasoning among trainees. Grounded in transformational learning, residents reflect on their subconscious thought processes and cognitive biases which I hypothesized would hone reasoning skills and ultimately decrease cognitive errors. This program has been successful and I will be presenting it as an innovations workshop and poster at the Academic Internal Medicine (AAIM) meeting and a poster at the General Internal Medicine (SGIM) Meeting. As this program comes to an end, I have noticed a drastic change in my perception of education. I can now speak “education”. Program planning, assessment, and evaluation are concepts that I was oblivious about before embarking on this journey.

It has been a transformational experience that has already touched me and will undoubtedly shape my future educational endeavors!



Scholarships

For details visit www.csuohio.edu/cehs/casal/scholarship-opportunities



BUY ONE GET ONE

CASAL Department “BOGO” Summer Scholarships

Application Deadline is March 20, 2017

The CASAL department is sponsoring 20 “buy one, get one” **Summer Scholarships** from revenue earned through our Continuing Education programs. This year we are able to fund 20 such scholarships at \$1500 each. 5 will go to ADM students, 5 to ALD students and 10 to Counseling/Counseling Psychology students.

Applications are due March 20, 2017.
The awards will be announced by March 31st 2017.

The Daniel D. Drake Scholarship

Application Deadline is February 28, 2017

An award of \$2,000.00 will be made to a student enrolled in a Doctoral Studies program, and \$1,500.00 to a student enrolled in a Masters Program within the CASAL department.

The David Lawrence Santoro Scholarship

Masters Counseling Students - Application Deadline is, May 1st, 2017

Dr. Santoro born June 13, 1934, passed away January 29, 2017.

David A. Santoro Ph.D. Professor Emeritus, CSU, passed away peacefully surrounded by his family. - David graduated from John Carroll University, Case Western Reserve University and received his PhD from The Ohio State University. David spent most of his professional career at **Cleveland State University in The Clinical Mental Health Counseling Program**. He loved his career, was involved in many professional organizations, presented at conferences, and until recently, he was working in his private psychology practice. Upon his passing the family requested that, in lieu of flowers, donations be made to The David Lawrence Santoro Scholarship fund at Cleveland State University.

Thank you Dr. Santoro - you will be missed.

What's New? - Hopefully, Our Name....

CASAL Competition:

We are inviting you to help us re-name our department.

The acronym CASAL stands for Counseling, Administration, Supervision and Adult Learning.

As society has changed, so have our programs. We discontinued our official "Supervision" program years ago rendering the "S" in CASAL unnecessary. The initial brainstorming on a more accurate (and easy-to-say-in-one-breath) name has begun, and as always, we value your input. As an incentive, if you send in a name, and it is chosen, you will win an Amazon gift card for the amount of \$100, if there are multiple suggestions of the same name, the winner will be entered into a drawing for the prize....so get your creative brains into gear.

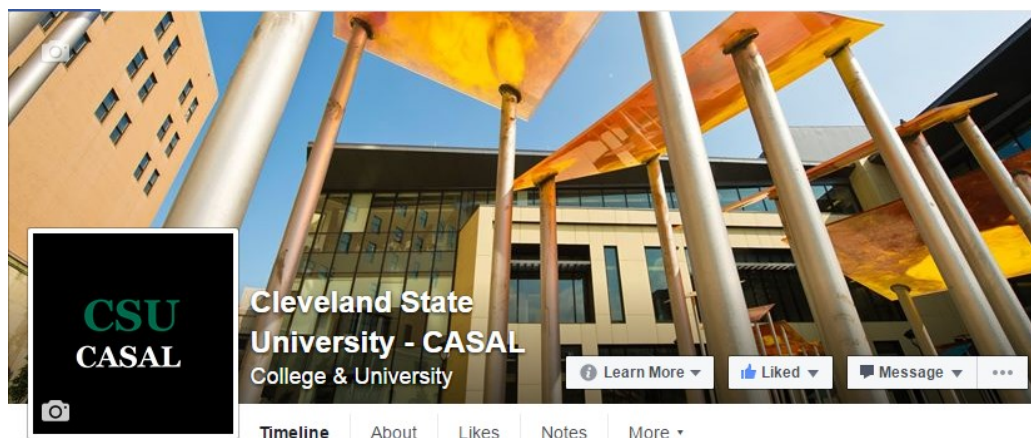
Suggestions may be sent to Ms. Osburn (s.osburn@csuohio.edu) please include your name, and the program your were, or are enrolled in. - Thank you!

**WINNER WINNER
CHICKEN DINNER!**



Don't forget, we are on Facebook at [CSUCASAL](https://www.facebook.com/CSUCASAL)

"Like" us and keep up to date with everything we have going on, including career and scholarship information!



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