Evidence Based Practices: Strategies based on Empirical Evidence

Strategy: (definition)	An oral language skill that involves the ability to
	notice, reflect upon and manipulate the individual
Phonological awareness	sounds in words.
	Involves two aspects:
	1) The awareness that speech is made up of
	sounds
	2) The ability to break down these sounds
Underlying premise (theoretical basis):	and manipulate them The reading process calls upon learners' ability to
onderlying premise (theoretical basis).	segment words into sounds and syllables, to
	recognize and produce rhyming words, to identify
	where a specific sound occurs in a word and to
	blend sounds (phonemes) into words.
	Weaknesses in phonological awareness account
	for a significant portion of beginning reading
	problems and related difficulties in reading
	comprehension, memory and vocabulary. In order
	to prevent these reading-related problems from
	occurring, phonological awareness strategies need
	to be implemented.
Practice (outline of the strategy):	Four types of phonological awareness strategies:
	1) Listening strategies – The goal is to help
	learners to develop active, attentive, and
	analytical listening skills. Here are some
	activities that could be employed:
	a) Bring in recordings of everyday sounds familiar to the learners and
	ask them to identify them.
	b) Ask learners to listen to familiar
	poems and songs and occasionally
	replace certain words with
	nonsense words. See if they can
	identify what did not make sense.
	2) Word-level strategies – These activities
	have the aim of helping learners become
	aware that words can stand alone. They
	include:
	a) Have learners count the number
	of words in a particular sentence.
	b) Read a sentence to the learners,
	then read the sentence a second
	time but omit a word and ask
	them to identify the missing word.
	3) Syllable strategies –a) Have learners count and
	a) Have learners count and

	distinguish syllables in a word.
	b) Have learners add and delete
	syllables from a word.
	4) Phonemic/rhyming strategies –
	a) Help learners become familiar
	with beginning sounds of words by
	asking them to find words that
	begin with particular sounds.
	b) Have learners say what is left
	when a given sound or syllable is
The Filtrey (constitution)	dropped from a word.
The Evidence (pros and cons of the strategy):	Positive results associated with phonological
	awareness:
	 There is a substantial body of research
	showing that instruction in phonological
	awareness and phonetic awareness has
	positive effects on both phonological skill
	and word-reading skills for learners with
	specific learning disabilities and complex
	communication needs.
Associated Risks (potential problems in	Three risks:
implementation):	1) Not carefully choosing phonological
,	processing activities to meet the needs
	and interests of all learners in the class. It
	is important to present alternative
	activities, or to modify a given activity by
	making it more challenging for higher-level
	learners.
	 Not monitoring and using well-thought out
	activities.
	3) Over-emphasizing the use of phonological
	processing. Educators should realize that
	phonological processing plays a part in an
	effective overall reading curriculum, and
	should not be the main focus.
Setting (student and environment strategy is	General education setting
best suited):	Mild/Moderate
	Learners at risk for reading failure
	K-12
Conclusion (value of the method):	Phonological processing strategies constitute a
	valuable component in a balanced reading
	curriculum. The strategies are most effective
	when the instruction is presented at an early age
	and in a direct, explicit and systematic manner.
1	and manifer

Further Reading (additional resources to learn more about the strategy):

- Swain, K., Friehe, M., & Harrington, J. (2004). Teaching listening strategies in the inclusive classroom. Intervention in School & Clinic, 40(1), 48-54. Retrieved from Education Research Complete database.
- Thatcher, K. (2010). The development of phonological awareness with specific language-impaired and typical children. *Psychology in the Schools*, *47*(5), 467-480. Retrieved from Education Research Complete database.
- van Bysterveldt, A., Gillon, G., & Moran, C. (2006). Enhancing phonological awareness and letter knowledge in preschool children with Down's syndrome. *International Journal of Disability, Development & Education*, *53*(3), 301-329.
- Wise, J., Sevcik, R., Morris, R., Lovett, M., & Wolf, M. (2007). The growth of phonological awareness by children with reading disabilities: A result of semantic knowledge or knowledge of grapheme phoneme correspondences?. *Scientific Studies of Reading*, 11(2), 151-164.
- Yeh, S., & Connell, D. (2008). Effects of rhyming, vocabulary and phonemic awareness instruction on phoneme awareness. *Journal of Research in Reading*, *31*(2), 243-256.